

CONCORDIA CAVALIERS



Jason Dormeyer
Sports Information Director

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2811 NE Holman / Portland, OR 97211

CONCORDIA QUICK FACTS

Location: Portland, Oregon 97211

Founded: 1905 (University, 1995)

Enrollment: 1,700

Affiliation: NAIA

Conference: Cascade Collegiate Conference

Nickname: Cavaliers

Colors: Navy & White

President: Dr. Charles Schlimpert

Athletic Director: Matt English

VOLLEYBALL STAFF

Head Coach: Melanie Hambelton (Portland State, '83)

Phone: 503.280.8689

E-mail: mhambelton@cu-portland.edu

Year at Concordia: 1st

Record at Concordia (Seasons): 0-0

Assistant Coach: Ray Nunn (Portland State)

Year at Concordia: 5th

Assistant Coach: Rachel Cotter (Concordia-Portland, '07)

Year at Concordia: 1st

Athletic Trainer: Emily Kosderka (9th)

Assistant Athletic Trainer: Scott Crawford (4th)

FACILITY INFORMATION

Home Court(Capacity): Cavalier Gymnasium (1,000)

2008 REVIEW

2008 Overall Record: 17-13 (.566)

2008 Conference Record: 13-7 (.650)

2008 CCC Tournament: L, 2-3 at Eastern Oregon (First Round).

2009 PREVIEW

Starters Returning/Lost: 4/2

Letterwinners Returning/Lost: 7/6

Newcomers: 8

MEDIA INFORMATION

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Cavalier Web Site: www.gocugo.com

2009 Concordia Volleyball Schedule

August

21	SOU Tournament	Ashland, Ore.	TBA
22	SOU Tournament	Ashland, Ore.	TBA
26	Western Oregon (exhibition)	Monmouth, Ore.	7 p.m.
27	Linfield (scrimmage)	McMinnville, Ore.	3 p.m.
28	Simpson CU 7:00 PM		

September

1	Pacific	Forest Grove, Ore.	6 p.m.
2	Lewis & Clark	Portland, Ore.	6 p.m.
4	Oregon Tech	Klamath Falls, Ore.	7 p.m.
5	*Southern Oregon	Ashland, Ore.	7 p.m.
8	LEWIS & CLARK	PORTLAND, ORE.	6 p.m.
11	*Warner Pacific	Portland, Ore.	7 p.m.
18	*EASTERN OREGON	PORTLAND, ORE.	7 p.m.
19	*COLLEGE OF IDAHO	PORTLAND, ORE.	5 p.m.
25	*Northwest	Kirkland, Wash.	7 p.m.
26	*Evergreen State	Olympia, Wash.	7 p.m.

October

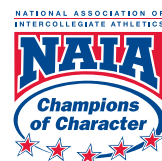
2	*NORTHWEST CHRISTIAN	PORTLAND, ORE.	7 p.m.
3	*CORBAN	PORTLAND, ORE.	7 p.m.
9	*WARNER PACIFIC	PORTLAND, ORE.	7 p.m.
16	*SOUTHERN OREGON	PORTLAND, ORE.	7 p.m.
17	*OREGON TECH	PORTLAND, ORE.	7 p.m.
23	*Corban	Salem, Ore.	7 p.m.
24	*Northwest Christian	Eugene, Ore.	3 p.m.
30	*EVERGREEN STATE	PORTLAND, ORE.	7 p.m.
31	*NORTHWEST	PORTLAND, ORE.	5 p.m.

November

6	*College of Idaho	Caldwell, Idaho	7 p.m.
7	*Eastern Oregon	La Grande, Ore.	3 p.m.
13	CCC Tournament	TBA	TBA

*Cascade Collegiate Conference match

Home matches in **BOLD**



2009 Concordia Volleyball Roster

No.	Name	Pos.	Ht.	Year	Hometown	High School/Previous Schools
1	Aria Nojima	OH	5-10	FR	Gresham, Ore.	Central Catholic
2	Raluca Dinca	OH/OPP	5-9	JR	Portland, Ore.	David Douglas H.S.
3	Taryn Baker	OH/OPP	5-8	JR	Silverdale, Wash.	Central Kitsap H.S./Green River C.C.
4	Kim Lindow	Libero	5-5	SR	Gresham, Ore.	Gresham H.S.
5	Kacie DeRozier	S	5-5	JR	Kelso, Wash.	Kelso H.S./Lower Columbia C.C.
6	Kim Mulka	MH	6-2	JR	Bellingham, Wash.	Skyline H.S./Edmonds C.C.
7	Katie Lydon	DS/S	5-7	FR	Beaverton, Ore.	Westview H.S.
8	Brittany Barstad	DS	5-3	SO	Estacada, Ore.	Estacada H.S./Western Oregon
9	Skyler Kamaka	Setter	5-8	SO	Kaneohe, Hawaii	Kamehameha Schools
10	Grace Zitzer	OH/OPP	6-0	FR	Dillon, Mont.	Beaverhead County
11	Clair Thiel	MH	6-2	SO	Oak Harbor, Wash.	Oak Harbor HS
12	McKenzie Rath	MH	6-0	SR	Selah, Wash.	Selah H.S.
13	Sarah Arceneaux	OH/OPP	5-9	FR	Las Vegas, Nev.	Rancho H.S.
14	Erika Doremus	OH	6-0	JR	Port Orchard, Wash.	South Kitsap H.S.
15	Mariana Toscano	OH/OPP	5-9	SR	Portland, Ore.	Parkrose H.S.

Key Returners:

Raluca Dinca, Jr., 5-9, OH/OPP

Led the team with 2.84 kills per game and a .310 attack %
8th in the CCC with 0.35 aces per game

Skyler Kamaka, So., 5-8, S

All-CCC

Led the team with 976 assists

9.95 assists per game good for 3rd in the CCC

3x CCC Setter of the Week

Kim Lindow, Sr., 5-6, Libero

4th in the CCC with 4.29 digs per game

Key Departures:

Lindsey Fryer, Sr., 6-0, MH;

All-CCC

Fifth in CCC in hitting percentage (.300); 10th in kills (2.78)

Jamie Richards, Sr., 5-11, OH/OPP

172 kills for 1.59 kills per game

257 digs for 2.38 digs per game

2008 Results

Date	Opponent	Result
08/22	vs Westmont	W, 3-2
08/22	vs Lewis-Clark State	L, 0-3
08/23	vs Northwest	W, 3-1
08/29	MSU NORTHERN	W, 3-0
08/29	LEWIS-CLARK	L, 2-3
08/30	HOLY NAMES	W, 3-0
* 09/05	NORTHWEST	W, 3-0
* 09/06	EVERGREEN STATE	W, 3-0
* 09/09	CORBAN	W, 3-1
09/10	at Lewis & Clark	L, 1-3
* 09/12	at Northwest Christian	W, 3-0
09/13	NW NAZARENE	L, 0-3
* 09/19	at Southern Oregon	L, 0-3
* 09/20	at #17 Oregon Tech	L, 2-3
* 09/26	WARNER PACIFIC	W, 3-0
* 09/27	CASCADE	W, 3-1
* 10/03	at College of Idaho	L, 0-3
* 10/04	at Eastern Oregon	L, 1-3
* 10/07	at Corban	L, 1-3
10/10	at Seattle University	L, 0-3
* 10/11	NORTHWEST CHRISTIAN	W, 3-1
* 10/17	vs Evergreen State	W, 3-2
* 10/18	at Northwest	W, 3-1
* 10/24	EASTERN OREGON	W, 3-1
* 10/25	COLLEGE OF IDAHO	L, 0-3
* 10/31	at Cascade	W, 3-2
* 11/01	at Warner Pacific	W, 3-1
* 11/07	OREGON TECH	W, 3-1
* 11/08	SOUTHERN OREGON	L, 0-3
11/11	at #4 Eastern Oregon	L, 2-3

* Cascade Collegiate Conference game

Overall: 17-13 3 games: 6-7
Conference: 13-7 4 games: 8-3
Home: 10-4 5 games: 3-3
Away: 4-8
Neutral: 3-1

2008 Stats

##	Name	GP-MP-MS	-----ATTACK-----					----SET----		-----SERVE-----		
			K	K/G	E	TA	Pct	A	A/G	SA	SA/G	SE
1	FRYER, Lindsey	112-30-24	318	2.84	94	723	.310	63	0.56	14	0.12	18
2	DINCA, Raluca	106-30-22	200	1.89	82	644	.183	23	0.22	37	0.35	30
3	GEORGESON, JoLinda	21-11-0	18	0.86	10	60	.133	2	0.10	5	0.24	2
4	LINDOW, Kim	110-30-0	3	0.03	10	55	-.127	53	0.48	19	0.17	31
7	RICHARDS, Jamie	108-30-18	172	1.59	70	583	.175	36	0.33	11	0.10	15
8	SHELBY, Katie	37-22-0	22	0.59	9	65	.200	1	0.03	1	0.03	3
9	KAMAKA, Skyler	109-30-25	72	0.66	35	221	.167	976	8.95	33	0.30	25
10	SCHULDHEISZ, Abby	70-29-3	3	0.04	1	26	.077	5	0.07	9	0.13	14
11	THIEL, Clair	73-28-12	97	1.33	56	275	.149	13	0.18	0	0.00	0
12	RATH, McKenzie	61-26-13	85	1.39	29	212	.264	12	0.20	0	0.00	0
13	FORD, Erica	58-19-4	3	0.05	3	27	.000	9	0.16	11	0.19	13
14	DOREMUS, Erika	69-27-8	109	1.58	64	318	.142	4	0.06	1	0.01	1
15	TOSCANO, Mariana	102-30-23	237	2.32	120	701	.167	10	0.10	11	0.11	10
	CONCORDIA.....	113-30-30	1339	11.85	583	3910	.193	1207	10.68	152	1.35	162
	Opponents.....	113-30-30	1329	11.76	583	3938	.189	1207	10.68	150	1.33	218

##	Name	G	RE	-----DIG-----		-----BLOCKING-----					
				DIG	D/G	BS	BA	Tot	B/G	BE	BHE
1	FRYER, Lindsey	112	4	99	0.88	9	86	95	0.85	8	1
2	DINCA, Raluca	106	27	233	2.20	1	27	28	0.26	4	1
3	GEORGESON, JoLinda	21	2	23	1.10	0	2	2	0.10	0	0
4	LINDOW, Kim	110	40	472	4.29	0	1	1	0.01	0	3
7	RICHARDS, Jamie	108	26	257	2.38	4	34	38	0.35	3	3
8	SHELBY, Katie	37	4	17	0.46	0	7	7	0.19	0	0
9	KAMAKA, Skyler	109	0	245	2.25	3	24	27	0.25	2	64
10	SCHULDHEISZ, Abby	70	10	74	1.06	0	1	1	0.01	0	1
11	THIEL, Clair	73	0	9	0.12	6	35	41	0.56	7	1
12	RATH, McKenzie	61	0	11	0.18	3	25	28	0.46	0	2
13	FORD, Erica	58	10	134	2.31	0	0	0	0.00	0	1
14	DOREMUS, Erika	69	5	28	0.41	5	19	24	0.35	1	0
15	TOSCANO, Mariana	102	8	167	1.64	4	38	42	0.41	4	3
	CONCORDIA.....	113	150	1769	15.65	35	299	184.5	1.63	29	80
	Opponents.....	113	152	1761	15.58	37	253	163.5	1.45	34	88